

SPROUTS, WHERE GOODNESS GROWS

# SPROUTS™

## FARMERS MARKET

**Sunrise Apples**

**77¢**  
lb

**Navel Oranges**

**77¢**  
lb

**Golden Pineapples**



**2 \$5**  
for

**Seedless Red Holiday Grapes**



**\$2.98**  
lb.

**Blueberries**



**2 \$5**  
for  
6 oz

**Brussel Sprouts**



**\$1.98**  
lb.

*On the Vine*  
**Cluster Tomatoes**



**\$1.98**  
lb.

**D'Anjou Pears**



**\$1.98**  
lb.

**Cranberries**



**2 \$5**  
for  
12 oz  
*Buy 2, Freeze 1!*

*US #1*  
**Russet Potatoes**



**2 \$5**  
for  
5 Lb Bag

*Seedless*  
**Satsuma Mandarins**



**2 \$5**  
lbs

ORGANIC SAVINGS · ORGANIC SAVINGS · ORGANIC SAVINGS · ORGANIC SAVINGS

**Organic Gala Apples**



**\$1.98**  
lb

**Organic Large Hass Avocados**



**\$2.98**  
ea

**Organic Blueberries**



**\$3.98**  
ea  
11 oz

**Organic Navel Oranges**



**\$1.98**  
lb

**Organic Large Mangos**



**\$2.98**  
ea

**Organic Russet Potatoes**



**\$3.98**  
ea  
5 Lb Bag

# SPROUTS BRAND Sale

**SPROUTS FARMERS MARKET**  
**Almond Milk**  
Original, Unsweetened Original or Unsweetened Vanilla  
64 oz  
**\$2.69**  
ea

**SPROUTS FARMERS MARKET**  
**Sliced Cheese**  
Mild Cheddar, Provolone, Swiss & More!  
8 oz  
**2 \$6**  
for

**SPROUTS FARMERS MARKET**  
**Sandwich Bread**  
Multigrain, Honey Whole Wheat, Sourdough & More!  
18 oz  
**\$3.19**  
ea

**SPROUTS FARMERS MARKET**  
**Cherry or Blueberry Pie**  
8 in"  
Fresh Baked  
**\$5.29**  
ea

**SPROUTS FARMERS MARKET**  
**Cheese Puffs or Cheese Curls**  
6 oz  
**\$1.89**  
ea

**SPROUTS FARMERS MARKET**  
**Granola Sale**  
French Vanilla Almond, Honey Almond, Vanilla Macaroon & More!  
You Save \$1.00 per LB!  
Buy Bulk & Save  
**\$4.89**  
lb

**SPROUTS FARMERS MARKET**  
**Boneless Skinless Chicken Thighs**  
Family Pack  
ALWAYS FRESH  
**\$2.99**  
lb.

**SPROUTS FARMERS MARKET**  
**Harris Ranch Top Sirloin Steak**  
Family Pack  
USDA CHOICE  
**\$6.49**  
lb

Sale prices valid December 3, 2024 - December 11, 2024 at Sprouts Chula Vista and Eastlake locations only. While Supplies Last.

# ORGANIC SAVINGS

<b>SPROUTS FARMERS MARKET</b> <b>Organic Chicken Drumsticks</b> Air Chilled 1 lb <b>\$3.79</b>	<b>SPROUTS FARMERS MARKET</b> <b>Organic Frozen Potatoes</b> Crinkle, Bites, Steak & More! 16 oz <b>2 for \$7</b>	<b>SPROUTS FARMERS MARKET</b> <b>Organic Microwave Popcorn</b> Lightly Salted or Butter 3 Pk <b>2 for \$5</b>	<b>SPROUTS FARMERS MARKET</b> <b>Organic Frozen Fruit</b> Bananas, Peaches, Strawberries, & More! 10 oz <b>2 for \$4</b>
<b>SPROUTS FARMERS MARKET</b> <b>Organic Tortilla Chips</b> Assorted Varieties 8 oz <b>\$2.39</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Organic Salsa</b> Chunky, Medium, Mild & More! 16 oz <b>\$3.79</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Organic Roasted Salted Seaweed Snacks</b> 3.5 oz <b>89¢</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Organic Gelato</b> Hazelnut, Limoncello, Vanilla & More! 32 oz <b>\$5.99</b> ea.

# FRESH DELI

<b>SPROUTS FARMERS MARKET</b> <b>Peppered Turkey Breast</b> Deli Sliced 1 lb <b>\$6.99</b>	<b>SPROUTS FARMERS MARKET</b> <b>Greek Style Feta Cheese</b> Bulk Cut 1 lb <b>\$5.79</b>	<b>SPROUTS FARMERS MARKET</b> <b>Domestic Swiss Cheese</b> Bulk Cut 1 lb <b>\$6.99</b>	<b>SPROUTS FARMERS MARKET</b> <b>Hot Soup</b> 16 oz VARIETIES VARY DAILY! You Save \$1.00! <b>\$5.99</b> +Tax
<b>SPROUTS FARMERS MARKET</b> <b>Organic Hummus</b> Original, Garlic or Roasted Red Pepper 8 oz Non-GMO Verified <b>2 for \$7</b>	<b>SPROUTS FARMERS MARKET</b> <b>Crackers</b> Golden Round, Thin Wheat or Classic Club 9-16 oz <b>2 for \$6</b>	<b>SPROUTS FARMERS MARKET</b> <b>Fresh Pasta</b> Pappardelle, Angel Hair or Linguine 9 oz <b>\$2.79</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Meatloaf &amp; Mashed Potatoes</b> Ready to Go! 1 lb <b>\$7.99</b>

# BULK FOODS

<b>Chocolate Covered Raisins</b> Milk or Dark You Save \$1.00 per LB! <b>\$4.89</b> lb.	<b>Raw Mixed Nuts Without Peanuts</b> You Save \$1.60 per LB! <b>\$7.79</b> lb.	<b>Organic White or Tri Color Quinoa</b> <b>\$2.79</b> lb.	<b>Sour Neon Gummi Worms</b> You Save 70¢ per LB! <b>\$3.49</b> lb.
<b>Ground Flaxseed Meal</b> You Save 40¢ per LB! <b>\$2.19</b> lb.	<b>Organic Lentils Red or Green</b> <b>\$2.89</b> lb.	<b>Honey Roasted Sesame Sticks</b> You Save 90¢ per LB! <b>\$4.29</b> lb.	<b>Butter Toffee Peanuts</b> You Save 50¢ per LB! <b>\$2.79</b> lb.
<b>SPROUTS FARMERS MARKET</b> <b>Yogurt Covered Pretzels</b> Strawberry, Raspberry, Blueberry & More! 5.5 oz <b>\$2.79</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Dark Chocolate Covered Almonds</b> Assorted Varieties 12 oz <b>\$5.99</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Roasted Pumpkin Seed Kernels</b> Salted or Unsalted 12 oz <b>\$5.29</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Roasted Cashews</b> Salted or Unsalted 12 oz <b>\$6.99</b> ea.

# SPROUTS BRAND Sale

<b>SPROUTS FARMERS MARKET</b> <b>Organic Frozen Waffles</b> Blueberry, Buttermilk, Multigrain or Homesyle 7.4 oz <b>\$1.79</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Organic Maple Pancake Syrup</b> Original or Reduced Sugar 12 oz <b>\$4.99</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Organic Teas</b> English Breakfast, Peppermint, Rooibos, & More! 18 ct <b>\$2.19</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Organic Honey Bear</b> 12 oz <b>2 for \$7</b>
<b>SPROUTS FARMERS MARKET</b> <b>Coconut Rolls</b> Original, Chocolate, Espresso or Cinnamon 3.5 oz <b>2 for \$4</b>	<b>SPROUTS FARMERS MARKET</b> <b>Peanut Butter</b> Creamy, Crunchy, No Stir or No Salt Varieties 16 oz <b>\$2.29</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Fruit Preserves</b> Strawberry, Blueberry, Apricot, & More! 13 oz <b>2 for \$7</b>	<b>SPROUTS FARMERS MARKET</b> <b>Coconut Water</b> 1 L <b>\$3.29</b> ea.
<b>SPROUTS FARMERS MARKET</b> <b>Organic Oatmeal</b> Assorted Flavors 8 pk <b>\$3.99</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Organic Apple Cider Vinegar</b> 32 oz <b>\$4.49</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Alkalized Water</b> 1 Gallon <b>\$3.29</b> +Crv	<b>SPROUTS FARMERS MARKET</b> <b>Rolled Chile &amp; Lime Tortilla Chips</b> 9 oz <b>2 for \$6</b>
<b>SPROUTS FARMERS MARKET</b> <b>Pasta Sauce</b> Mushroom, Tomato Basil, Marinara & More! 25 oz <b>2 for \$7</b>	<b>SPROUTS FARMERS MARKET</b> <b>Pasta</b> Penne Rigate, Spaghetti, Linguine & More! 1 lb <b>2 for \$3</b>	<b>SPROUTS FARMERS MARKET</b> <b>Canned Tomatoes</b> Diced, Crushed, Whole & More! 14.5 oz <b>\$1.39</b> ea.	<b>SPROUTS FARMERS MARKET</b> <b>Organic Classic Alfredo Sauce</b> 16 oz <b>\$5.79</b> ea.

# VITAMINS & BODY CARE

### ANCIENT NUTRITION

- Made with real ingredients for optimal absorption
- Crafted by ancient wisdom and modern science

TO MAXIMIZE YOUR SAVINGS, WE ALSO TAKE 10% OFF ALL VITAMINS & BODY CARE PURCHASES TOTALING \$100 OR MORE!

<b>Emerald Labs Multivitamins</b> and Other Nutritional Supplements All Items <b>20% off</b>	<b>Nature's Way Seasonal Wellness Support</b> Selected Varieties & Sizes <b>20% off</b>	<b>Natural Factors Sleep and Stress Support</b> Selected Varieties & Sizes <b>20% off</b>	<b>Boiron Oscilloccinum</b> Reduces Duration and Severity of Flu like Symptoms 6-30 Doses <b>20% off</b>
<b>Heritage Store Organic Castor Oil</b> 16-32 oz <b>20% off</b>	<b>Now Brand Seasonal Essential Oil Blends</b> Selected Varieties & Sizes <b>20% off</b>	<b>Indigo Wild Zum Holiday Seasonal Favorites</b> Selected Varieties & Sizes <b>20% off</b>	<b>Mad Hippie Skin Care</b> All Items <b>20% off</b>
<b>4 ESSENTIAL SUPPLEMENTS FOR HEALTHIER LIVING</b>			
<b>Whole Earth &amp; Sea Women's, Men's or Prenatal Multivitamins</b> Selected Varieties & Sizes <b>20% off</b>	<b>Natural Factors RX Omega-3</b> Selected Varieties & Sizes <b>20% off</b>	<b>Natural Factors Ultimate 12/12 Probiotic Formulas</b> Selected Varieties & Sizes <b>20% off</b>	<b>Whole Earth &amp; Sea Organic Fermented Greens</b> Selected Varieties & Sizes <b>20% off</b>

# Grab 'N' GIVE

HELP US BAG HUNGER

IT'S EASY TO HELP OTHERS THIS HOLIDAY SEASON.



- ✓ Choose a bag from the Grab 'N' Give display
- ✓ Pay for the bag at checkout
- ✓ We'll donate your bag to a local hunger relief agency

## MEAT

**Harris Ranch London Broil**  
Family Pack

USDA CHOICE

**\$5.49**  
lb

**Harris Ranch Beef Stir Fry Strips**  
Family Pack

USDA CHOICE

**\$5.99**  
lb

**Harris Ranch Cross Rib Steak or Roast**  
Family Pack

USDA CHOICE

**\$5.59**  
lb

**Harris Ranch Milanese Steak**  
Family Pack

USDA CHOICE

**\$5.99**  
lb

**Chicken Drumsticks**  
Family Pack

ALWAYS FRESH

**99¢**  
lb

**Marinated Boneless Skinless Chicken Breast**  
Teriyaki, Lemon Garlic, Black Pepper, & More!

ALWAYS FRESH

**\$2.99**  
lb

**Ground Chicken Breast**  
Family Pack

ALWAYS FRESH

**\$2.99**  
lb

GROUND FRESH DAILY

**Bone-In Chicken Thighs**  
Family Pack

ALWAYS FRESH

**\$2.29**  
lb

**Bone-In Pork Loin Chops**

ALWAYS FRESH

**\$2.79**  
lb

**Bone-In Pork Butt Steak**  
Family Pack

ALWAYS FRESH

**\$3.99**  
lb

**Pork Spare Ribs**

ALWAYS FRESH

**\$2.89**  
lb

**SPROUTS FARMERS MARKET**  
**Uncured Turkey Bacon**  
8 oz

**\$3.99**  
ea

## FISH MARKET

## SEAFOOD

## FISH MARKET

**hissho**  
\$5 Sushi Wednesday

**Fresh Stuffed Salmon**

APPROX 6 OZ EACH

**\$6.99**  
ea

**Swai Fillets**  
Previously Frozen  
Farm Raised

**\$3.29**  
lb

**41-50 Ct EZ Peel Raw Shrimp**  
Previously Frozen  
Farm Raised

**\$5.99**  
lb

**Crab Cakes**  
Previously Frozen

APPROX 3 OZ EACH

**2 for \$3**

## DAIRY

**SPROUTS FARMERS MARKET**  
**Large Cage Free White Eggs**  
1 Dozen

Grade A

**2 for \$7**

**SPROUTS FARMERS MARKET**  
**Yogurt Alternative**  
Plain Unsweetened or Vanilla Bean  
24 oz

**\$5.79**  
ea.

**SPROUTS FARMERS MARKET**  
**Whipped Cream Cheese**  
8 oz

**2 for \$5**

**SPROUTS FARMERS MARKET**  
**Tofu**  
Firm or Extra Firm  
16 oz

NON GMO Project VERIFIED

**2 for \$3**

## BAKERY

**SPROUTS FARMERS MARKET**  
**Scones**  
Assorted Flavors  
4 Pk

Fresh Baked

**2 for \$7**

**SPROUTS FARMERS MARKET**  
**Cinnamon Rolls**  
Iced or Plain  
4 pk

Fresh Baked

**2 for \$6**

**SPROUTS FARMERS MARKET**  
**French Bread**  
16 oz

Fresh Baked

**\$1.19**  
ea

**SPROUTS FARMERS MARKET**  
**Two Bite Treats**  
Mini Cinnamon Rolls, Scones, Macaroons & More!  
8.74-12-oz

**\$4.69**  
ea

DELIVERY & CURBSIDE PICKUP NOW AVAILABLE!  
Powered by **instacart**  
Order at [sproutscv.com](https://sproutscv.com)

**DOUBLE AD DAYS**

Effective December 3, 2024 thru December 11, 2024

TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED
3	4	5	6	7	8	9	10	11

Ad Items Available at Sprouts Chula Vista & Eastlake Locations Only

Food Stamps Accepted. SDCCU ATM Available at Chula Vista Location.

We are not Responsible for Typographical or Photographic Errors.

We reserve the right to limit quantities & resale to commercial establishments.

We Accept:

VISIT US ONLINE AT [SPROUTSCV.COM](https://sproutscv.com)

Order Deli Sandwiches & Smoothies, View Our Weekly Ad & More!

**STORE HOURS** EAST LAKE & CHULA VISTA  
7AM - 10PM MONDAY THROUGH SUNDAY

**MILITARY THURSDAYS**  
**10% OFF**  
MILITARY DISCOUNT  
TO ALL VETERANS, ACTIVE DUTY, MILITARY & FAMILY MEMBERS WITH ID. VALID IN STORE ONLY.

**CHULA VISTA**  
690 3RD Avenue  
619-409-7630



**EASTLAKE**  
878 Eastlake Pkwy.  
619-421-2099

