

HAPPY 4TH OF JULY FROM SPROUTS

4th of July
Hours
7am-8pm

USDA
CERTIFIED
ORGANIC

Organic
Strawberries
or
Blueberries

6 oz

\$3.98
ea

SPROUTS
FARMERS MARKET

**WE HELP
PEOPLE
LIVE & EAT
BETTER**

USDA
CERTIFIED
ORGANIC

Organic
Yellow
Peaches

\$3.98
Lb

ORGANIC SAVINGS · ORGANIC SAVINGS · ORGANIC SAVINGS · ORGANIC SAVINGS

Organic
Crisp
Cucumbers

USDA
CERTIFIED
ORGANIC

99¢
Ea

Organic
Bananas

USDA
CERTIFIED
ORGANIC

*Everyday
Value Price*

99¢
lb

Organic
Cantaloupes

USDA
CERTIFIED
ORGANIC

99¢
lb

Organic
Mini Seedless
Watermelons

USDA
CERTIFIED
ORGANIC

\$4.98
ea

Organic
Crisp
**Celery or Hothouse
Cucumbers**

USDA
CERTIFIED
ORGANIC

\$1.98
ea

Organic
Russet Potatoes

USDA
CERTIFIED
ORGANIC

5 lb

\$4.98
ea

Yellow
Nectarines or
Black Plums

\$1.98
lb

Large
Mangos

98¢
ea

Roma
Tomatoes

98¢
lb

Sweet
Red Cherries

\$1.98
lb

Jumbo
Cantaloupes

\$2.98
ea

Seedless
Green Grapes

\$2.98
lb

US #1
Russet Potatoes

\$3.98
ea

Hass
Avocados

\$4.98
ea

SPROUTS
FARMERS MARKET

Cookies

Chocolate Chip, Oatmeal
Raisin, Peanut Butter & More!
12 pk

2 \$6
for.

Zevia

Zero Calorie Soda

Cola, Orange, Ginger Ale &
Other Selected Varieties
6 pk

\$5.49
+Tax
+Crv

Yogurt

Covered Pretzels

\$3.99
lb

SPROUTS
FARMERS MARKET

Apple Pie

8 in"

\$3.99
ea.

SPROUTS
FARMERS MARKET

Organic

Sour Cream

16 oz ORIGINAL
CREAM

2 \$7
for.

SPROUTS
FARMERS MARKET

Snack Sale

Kettle Potato Chips, Tortilla Chips or Popcorn

4-12 oz

20%
off
regular retail

SPROUTS
FARMERS MARKET

Purified Water

24 pk

\$3.89
+crv.

SPROUTS
FARMERS MARKET

Potato or Macaroni

Salad

15 oz

\$2.99
ea.

Fresh

Atlantic Salmon

Fillet

Farm Raised

\$11.49
lb

Chicken

or Pork Sausage

Sale

\$3.99
lb

Pork

Spare Ribs

Family Pack

\$3.79
lb

Sale prices valid July 1, 2025 - July 9, 2025 at Sprouts Chula Vista and Eastlake locations only. While Supplies Last.

HONORING ALL WHO SERVED

10% OFF

WITH SAN DIEGO BEING A MILITARY TOWN,
WE ARE UP AND CLOSE WITH THE MANY
AMAZING MEN & WOMEN SERVING OUR COUNTRY!

SPROUTS CHULA VISTA & EASTLAKE WOULD LIKE
TO THANK YOU ALL BY OFFERING A
10% MILITARY DISCOUNT EVERY THURSDAY!



AT BOTH SPROUTS CHULA VISTA & EASTLAKE LOCATIONS

4TH OF JULY SPECIALS

Gourmet Beef Burger Patties
Seasoned, Cowboy or Jalapeño Jack

\$6.99 lb

Handcrafted

Brioche Hamburger or Hot Dog Buns
6 pk

\$3.99 ea

Trimmed Corn
24 pk

\$5.99 ea

Ready for the Grill

All-Natural Hardwood Briquettes
9 lb

\$8.99 +tax

Fresh Fruit Platters

\$12.99 ea

You Save \$1.00!

Made Fresh in Store

Brownies
With Nuts or Without
16 oz

\$3.99 ea

Fresh Baked

Lesser Evil Watermelon Hibiscus or Pink Lemonade Popcorn
4.6 oz

2 for \$6

Nova Easy Kombucha
Sunset Slam, Mint Watermelon, Piña Colada or Tropical Cooler
6 pk

\$14.99 +Tax +Crv

FRESH DELI

Nitrate Free Turkey Breast

\$6.99 lb

Deli Sliced

Domestic Swiss Cheese

\$6.99 lb

Bulk Cut

Red Apple Cheese Apple Smoked Cheese
Gruyere or Gouda
8 oz

\$6.29 ea

Cracker Cut Cheese
Assorted Varieties
10 oz

\$4.49 ea

Sliced Cheese
Provolone, Muenster, Swiss & More!
8 oz

2 for \$6

Del Real Molcajete Salsa
Red or Green
15 oz

\$4.49 ea

Chicken Wraps
Pesto, Buffalo or Caesar

\$6.99 lb

Ready to Go!

Açaí Smoothie
20 oz

\$5.99 ea

You Save \$1.00!

SMOOTHIE OF THE WEEK

BULK FOODS

Bulk Granola Sale
Cherry Vanilla, Blueberry Flax, French Vanilla & More!

20% off regular retail

Butter Toffee Peanuts

\$2.99 lb

Wild West Trail Mix

\$4.99 lb

Dried Sweetened Cranberries

\$3.49 lb

Roasted Virginia Peanuts
Salted or Unsalted

\$2.39 lb

Packaged Date Sale
Organic, Chopped, Deglet, Medjool & More!

15% off all items

Pop Daddy Pretzels
Assorted Flavors
7.5 oz

\$3.29 ea

GROCERY

Half Day New Era Iced Teas

Half & Half Lemon, Sweet Tea, & More!



\$1.89
+Crv.

Kinder's Marinades, BBQ Sauce, Rubs & Seasonings

Selected Varieties



20% off
regular retail

Lenny & Larry's Protein Cookies

Chocolate Chip, Snickerdoodle & More!



\$2.29 ea.

Bigelow Botanicals Cold Water Teas

Assorted Flavors



2 for \$6

Virgil's Handcrafted Sodas

Selected Varieties



20% off
regular retail

La Fortaleza Tortilla Chips

14 oz



2 for \$7

SPROUTS FARMERS MARKET

Fried Rice

Chicken or Vegetable



\$5.69 ea.

SPROUTS FARMERS MARKET

Ketchup & Mustard

Assorted Varieties



20% off
regular retail

SPROUTS FARMERS MARKET

Organic Kosher Dill Pickles

Assorted Varieties



2 for \$7

SPROUTS FARMERS MARKET

Organic Lemonade

Old Fashioned, Mango, or Strawberry



\$3.89 +crv

SPROUTS FARMERS MARKET

Salsa

Organic, Classic Hot Hatch Chile & More!



\$3.99 ea.

SPROUTS FARMERS MARKET

Organic BBQ Sauce

Bourbon, Original, Mustard & More!



\$4.69 ea.

VITAMINS & BODY CARE

SPROUTS Emotional Health or Sleep Support



- ✓ Calm your mind with a little help from Nature
- ✓ Gentle Herbal blends to support mood and relaxation
- ✓ Sleep like a champ with melatonin-free options

20% off

TO MAXIMIZE YOUR SAVINGS, WE ALSO TAKE 10% OFF ALL VITAMINS & BODY CARE PURCHASES TOTALING \$100 OR MORE!

Solaray Magnesium Citrate and Other Nutritional Supplements



20% off

Life Seasons Ashwagandha and Other Nutritional Supplements



20% off

Host Defense Top Selling Supplements



20% off

Wish Garden Herbal Supplements



20% off

Mad Hippie Facial Care

All Items



20% off

Moon Valley Herbal Shampoo

All Items



20% off

Heritage Store Rose Water

4 oz - 8 oz



20% off

Life Flo Pure Argan & Rosehip Seed Oil

1 oz - 4 oz



20% off

SPROUTS FARMERS MARKET Collagen Peptides Powder

10 or 20 oz



20% off

SPROUTS FARMERS MARKET Organic Chia or Flaxseeds

Selected Varieties

12 oz or 16 oz



20% off

SPROUTS FARMERS MARKET Vegan Protein Powders

Selected Varieties

32-35.5 oz



20% off

SPROUTS FARMERS MARKET Whey Protein Powders

Selected Varieties

32 oz



20% off

UNBEATABLE SERVICE, QUALITY & SAVINGS. EVERY TIME.

Harris Ranch
BBQ Steaks
Family Pack



\$6.99
lb

Harris Ranch
Tomahawk Steaks



\$12.99
lb

Harris Ranch
Extra Lean Ground Beef
Family Pack



\$6.49
lb

Marinated Boneless Skinless
Chicken Thighs



\$3.99
lb

Marinated Boneless Skinless
Chicken Breast Kabobs



\$3.49
lb

Ground Boneless Skinless
Chicken Thighs
Family Pack



\$3.99
lb

Bone In Pork Butt
Steak or Roast
Family Pack



\$3.29
lb

Pork Chorizo



\$3.99
lb

Impossible
Plant Based Burger Patties
8 oz



\$5.49
ea



SEAFOOD



Fresh
Imitation Crab Salad



\$4.49
lb

Swai Fillets
Previously Frozen
Farm Raised



\$3.49
lb

Fresh
Halibut Fillets



\$13.99
lb

U-15 Ct
Raw Mexican Shrimp
Previously Frozen



\$13.99
lb

DAIRY

SPROUTS
FARMERS MARKET
Cream Cheese
8 oz



\$2.29
ea.

Organic Valley
Organic
Milk



\$5.79
ea.

Pressed Juicery
Cold Pressed Juices
Assorted Flavors
15.2 oz



\$3.79
+crv

Mamma Chia
Organic
Chia Beverages



\$3.29
+crv

BAKERY

SPROUTS
FARMERS MARKET
Cherry Pie
8 in



\$4.99
ea.

SPROUTS
FARMERS MARKET
Two Bite Treats
Mini Cinnamon Rolls, Scones, Coconut
Macaroons & More!
8.74/12 oz



\$4.99
ea.

Cafe Valley
Mini Muffins
Assorted Flavors
12 ct



\$4.69
ea.

King's Hawaiian
Hawaiian Dinner Rolls
12 ct



\$5.29
ea.

DELIVERY & CURBSIDE
PICKUP NOW AVAILABLE!
Powered by instacart
Order at [Sproutscv.com](https://sproutscv.com)

**DOUBLE
AD DAYS**

Effective July 1 2025 thru July 9, 2025

TUES	WED	THURS	FRI	SAT	SUN	MON	TUES	WED
1	2	3	4	5	6	7	8	9

Ad Items Available at
Sprouts Chula Vista & Eastlake Locations Only

STORE HOURS EAST LAKE & CHULA VISTA
7AM - 10PM MONDAY THROUGH SUNDAY

CHULA VISTA
690 3RD Avenue
619-409-7630

EASTLAKE
878 Eastlake Pkwy.
619-421-2099

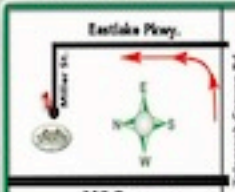
Food Stamps Accepted. SDCCU ATM Available at Chula Vista Location.
We are not Responsible for Typographical or Photographic Errors.
We reserve the right to limit quantities & resale to commercial establishments.

We Accept:

VISIT US ONLINE AT [SPROUTSCV.COM](https://sproutscv.com)

Order Deli Sandwiches & Smoothies, View Our Weekly Ad & More!

MILITARY THURSDAYS
10% OFF
MILITARY DISCOUNT
TO ALL VETERANS,
ACTIVE DUTY, MILITARY
& FAMILY MEMBERS WITH ID.
VALID IN STORE ONLY.



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