

STORE HOURS

7:00 AM - 10:00 PM MONDAY TO SUNDAY

WE HELP PEOPLE LIVE AND EAT HEALTHY















Bartlett Pears



\$1.98 /LB





ORGANIC Baby Carrots



Acorn, Butternut Cherry
Or Spacker: or Spaghetti Squash

Tomatoes

Organic Red or Green Seedless Grapes







Bulk Nut Butter Sale

















= B0G0 = SALE

Buy One, Get One, 50% OFF**

*Of equal or lesser value. Select items only. **Regular retail. Of equal or lesser value. Select items only.

















FRESH DELI



SPROUTS















GO BULK

Shop everything you love in quantities you need

99¢ /LB. Dried Chili Mango



Walnut Halves

& Pieces





Roasted Virginia **Peanuts** Salted or Unsalted





Raw Almonds



Chocolate Covered Almonds Milk or Dark



Pitted Prunes



Whole Flaxseeds





Jasmine White Rice

\$1.49 /LB

GROCERY & FROZEN













ELEVATE

SPROUTS

THE EVERYDAY WITH SPROUTS BRAND





SPROUTS

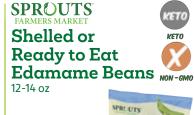






Dark Chocolate Frozen Bananas or Strawberries









KETO

Bioray All Items



BIORAY



HEALTH & WELLNESS

RECEIVE 10% OFF YOUR VITAMIN AND BODY CARE PURCHASE OF \$100 OR MORE







Ancient Nutrition Multi Collagen and other Nutritional **Supplements**







O RETAIL

sleepy







SPROUTS

Beet, Moringa & Matcha Powder







SPROUTS

Vegan Protein **Powder Select Varieties** 32-35.5 oz VEGAN PROTEIN VEGAN PROTEIN



SPROUTS EADMEDS MADKET

Whey Protein Powder Select Varieties WHEY PROTEIN WHEY PROTEIN O REGULA REGULAR

PURE & HONEST

From cruelty-free and vegan to paraben-free and transparency in labeling, we offer a clean selection of body care for goodness you can feel!



WE STAND FOR:



WE SAY NO TO:



Real root By SPROUTS[®] All Items

UNBEATABLE SERVICE, QUALITY AND SAVINGS - EVERY TIME





















RESPONSIBLY SOURCED SEAFOOD









BAKERY & DAIRY

















DOUBLE AD DAYS

EFFECTIVE NOVEMBER 4 2025 - NOVEMBER 12 2025

4 0 5 6 7 8 9 10 11 12

VISIT US ONLINE AT SPROUTSCV.COM Order Deli Sandwiches & Smoothies, View Our Weekly Ad & More!

CHULA VISTA 690 3RD AVE. 619-409-7630

EASTLAKE 878 EASTLAKE PKWY. 619-421-2099

DELIVERY & CURBSIDE
PICKUP NOW AVAILABLE

POWERED BY instacant
ORDER AT SPROUTSCY.COM

MILITARY THURSDAYS
10% OFF
MILITARY DISCOUNT
TO ALL VETRANS, ACTIVE DUTY, MILITARY & FAMILY
MEMBERS WITH ID. VALID IN STORE ONLY.



7:00 AM - 10:00 PM MONDAY TO SUNDAY