

HAPPY THANKSGIVING FROM SPROUTS

Hass Avocados

6 Ct Bag



TANGY LIMES
5/\$1⁰⁰

\$3.98/EA

On the Vine
Cluster Tomatoes



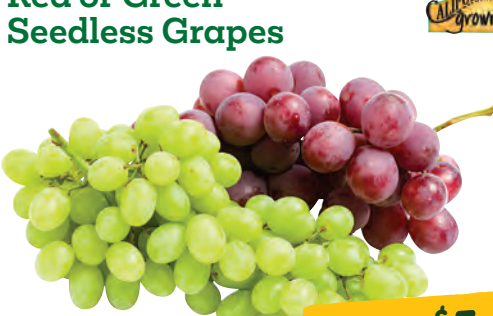
\$1.98/LB

Granny Smith Apples



98¢/LB

Red or Green
Seedless Grapes



2 LBS \$5

Blueberries
or
Blackberries



2 FOR \$6

Jumbo Pineapples



\$4.98/EA

Fresh Cranberries



BUY 2
FREEZE 1

2 FOR \$5

Cuties



\$4.98/EA

Organic
Honeycrisp
Apples



2 LBS \$5

Organic
Butternut
Squash



\$1.98/LB

Organic
Yellow, White
or Red Onions



\$1.98/LB

Organic
Roma Tomatoes



2 LBS \$5

Organic
Red Sweet
Potatoes



3 Lb Bag \$3.98/EA

Organic
Crisp Celery



\$1.98/EA

Organic
Baby
Carrots



1 Lb \$1.98/EA

Organic
Persian
Cucumbers



1 Lb Bag \$3.98/EA

SPROUTSTM
FARMERS MARKET
Organic Broth
Select Varieties
32 oz



2 FOR \$5

SPROUTSTM
FARMERS MARKET
Extra Virgin
Olive Oil
1 L



\$11.99/EA

SPROUTSTM
FARMERS MARKET
Pumpkin Pie
8 in"



SPROUTS
WHIPPED CREAM
7.0Z \$4.99

\$5.99/EA

Walnut Halves & Pieces



\$5.99/LB

SPROUTSTM
FARMERS MARKET
Whole Gourmet
Coffee Beans
Select Varieties



100% Arabica Beans

\$15.49/LB

SPROUTSTM
All Bulk Flour
or Sugar



15% OFF
REGULAR
RETAIL

SPROUTSTM
FARMERS MARKET
Organic
Frozen Vegetables
Select Varieties
16 oz



\$2.69/EA

SPROUTSTM
FARMERS MARKET
Mild Cheddar or
Monterey Jack Cheese



Bulk Cut

\$4.49/LB

Fresh
Atlantic Salmon
Fillets
Farm Raised



\$9.99/LB

Boneless Skinless
Chicken Breast
Family Pack



ALWAYS
FRESH

\$1.99/LB

Pork Spare Ribs
Family Pack



ALWAYS
FRESH

\$3.69/LB

**BAKERY
& DAIRY**

SPROUTS
FARMERS MARKET

Cream Cheese

8 oz



SPROUTS
FARMERS MARKET

CREAM CHEESE

SPROUTS
FARMERS MARKET

CREAM CHEESE

2 FOR \$5

SPROUTS
FARMERS MARKET

Organic Butter

Select Varieties

1 Lb

NON - GMO **ORGANIC**

SPROUTS
FARMERS MARKET
ORGANIC BUTTER
Sea Salt

PASTURE RAISED

UNSALTED

\$7.89 /EA

SPROUTS
FARMERS MARKET

Sour Cream

16 oz



\$2.29/EA

SPROUTS
FARMERS MARKET

Two Bite Vanilla or Chocolate Cupcakes

10 oz



\$4.49/EA

SPROUTS
FARMERS MARKET

**Organic
Egg Nog**

32 oz

SPROUTS
FARMERS MARKET

ORGANIC

**EGG
NOG**

ULTRA-PASTEURIZED
HOMOGENIZED
CRANK #1

DETERMINA

\$5.99/EA



SPROUTS
FARMERS MARKET



GF

Gluten Free

Cherry or Apple Pie

11 oz










\$7.99/EA

**FRESH
DELI**

SPROUTS
FARMERS MARKET

Ham off the Bone



Deli Sliced

\$5.69 /LB

SPROUTS
FARMERS MARKET

Rotisserie Turkey Breast



Hot & Ready!

\$6.99/LB
+TAX

SPROUTS
FARMERS MARKET

Olive Bar

Select Varieties

SWEETENED CRACK NUTS

SWEETENED CRACK NUTS

SWEETENED CRACK NUTS

\$8.99/LB

SPROUTS
FARMERS MARKET

Cracker Cut Cheese Tray

16 oz

\$6.99/EA

SPROUTS
FARMERS MARKET

Goat Cheese

Select Varieties

10.5 oz



SPROUTS
GOAT CHEESE
SPROUTS & HERBS
MILK
NET WT 10.5 OZ (298g)

SPROUTS
GOAT CHEESE
PLAIN
MILK
NET WT 10.5 OZ (298g)

\$6.99/EA

SPROUTS
FARMERS MARKET

**Smoked Gouda
Cheese**



Bulk Cut

\$7.99 /LB

SPROUTS
FARMERS MARKET

**Organic
Hummus**

Select Varieties
8 oz

 **ORGANIC**

 **NON - GMO**



\$3.99 /EA

GO **BIG**
ON BULK

Shop everything you love in quantities you need

Bulk Spices
All Items

15% OFF
REGULAR
RETAIL

Sweetened Dried Cranberries



\$3.49 /LB.

Country Wild Rice



\$2.79 /LB.

Wild West Trail Mix



\$4.89 /LB.

Golden Raisins



\$3.99 /LB.

Pecan Halves



\$11.99/LB.

Dried Turkish Apricots



\$6.79 /LB.

HEALTH & WELLNESS

RECEIVE 10% OFF YOUR VITAMIN
AND BODY CARE PURCHASE
OF \$100 OR MORE

Nordic Naturals Omega 3 Fish oil and other Nutritional Supplements

All Items

The image displays a collection of Nordic Naturals products. At the top left is a box of 'Ultimate Omega' (1280 mg Omega-3, 40 Soft Gels). To its right is a box of 'Zero Sugar Ultimate Omega Gummy Chews' (1280 mg Omega-3, 34 Gummy Chews). Below the first box is a bottle of '1 Fish Oil' capsules (1280 mg Omega-3, 40 Soft Gels). A large yellow banner at the bottom right features the text '20% OFF REGULAR RETAIL'.

Boiron
Wellness Formulas
 Select Varieties & Sizes

SORE THROAT RELIEF
 Hot, Dry and Sore Throat
 Lozenges
ThroatCalm
 MENTHOL TABLETS
 HOMEOPATHIC MEDICINE
 • Relieves from Irritation/Inflammation
 • For Ages 12 & Up
 • No Side Effects
BOIRON
 Natural Calming for
 Irritated, Inflamed Throats

STRESS RELIEF
 Irritated Nervous System,
 Calms Mind & Body
StressCalm
 MENTHOL TABLETS
 HOMEOPATHIC MEDICINE
 • Help Relieved & Calming
 • No Side Effects
BOIRON

**MELATONIN-FREE
 SLEEP RELIEF**
 Hallucinations, Sleep Anxiety,
 Calms Overactive Sleep
SleepCalm
 MELATONIN TABLETS
 HOMEOPATHIC MEDICINE
 • Calm, Regulate Sleep
 • No Side Effects
BOIRON

**20% OFF
 REGULAR
 RETAIL**

Wild Carrot
Select Items

Wild Carrot
PRODUCT

rosehip &
raspberry
serum

revitalize your
radiant rosiness

Wild Carrot
PRODUCT

marshmallow cloud
solid facial cleanser

Wild Carrot
PRODUCT

marshmallow cloud
face cream

for sensitive skin
and rosacea

a landscape of beauty

20% OFF
REGULAR
RETAIL

Derma E
All Items

DERMA E
Vitamin C Concentrated Serum
Hyaluronic Acid, Provitamin B5
Supports collagen levels

DERMA E
Vitamin C Intense Night Cream
Hyaluronic Acid, Provitamin B5, Retinol
Smoothes, brightens, and hydrates

DERMA E
Vitamin C Dark Circles Perfecting Eye Cream
Retinol, Caffeine
Crème pour les yeux

20% OFF REGULAR RETAIL

LifeSeasons
Top Selling
Supplements

Select Varieties & Sizes

LifeSeasons[®]
THERAPEUTICS

IB Soothe-R[®]
Intestinal Bowel Support[®]

• Inulinoligosaccharide
• Magnesium
• Glycerol Esters
• Calcium
• Triglyceride

90 VEG CAPSULES

LifeSeasons[®]
THERAPEUTICS

Puri-T[®]
Liver Support[®]

• In Acute & Chronic
• Milk Protein
• Hypersensitivity
• Alcohol Abuse
• Cirrhosis

90 VEG CAPSULES

LifeSeasons[®]
THERAPEUTICS

Digestive-T[®]
Enzymes + Probiotics

10 Billion CFU Probiotics
• Bifidobacterium & Lactobacillus
• 100mg's Enzymes
• Soybean Lecithin

90 VEG CAPSULES

20% OFF
REGULAR
RETAIL



Dr. Bronner's
Select Items

Dr. Bronner's
SANTALWOOD & SPICE
SAL SUDS
BIODEGRADABLE
CLEANER

Dr. Bronner's
ORANGE LAVENDER
**ORGANIC HAND
& BODY LOTION**

Dr. Bronner's
PEPPERMINT
**ALL-ONE
TOOTHPASTE**

20% OFF
REGULAR
RETAIL

Sale prices valid November 18, 2025 - November 27, 2025 at Sprouts Chula Vista and Eastlake locations only. While Supplies Last.

THE BEST HOLIDAY FIXINGS

ACCORDING TO EVERY CLEAN PLATE

SPROUTS
Fresh Organic Turkeys
Limit 2 per family



WHILE SUPPLIES LAST!



NO ANTIBIOTICS EVER!

\$3.99 LB

Hope Tree Wines
Select Varieties
750 ml



\$5.99 +TAX +CRV

SPROUTS
Fresh Baked Apple Pie
8 in"



\$4.29 EA

SPROUTS
Spiral Sliced Gourmet Ham



NO ANTIBIOTICS EVER!

WHILE SUPPLIES LAST!

\$4.49 LB

SPROUTS
All Natural Antibiotic Free Whole Turkeys



WHILE SUPPLIES LAST!

\$2.49 LB

SPROUTS
FARMERS MARKET
Organic Cranberry Sauce
Select Varieties
14 oz



\$2.79 EA

SPROUTS
FARMERS MARKET
Organic Turkey Gravy
17.6 oz



\$3.29 EA

SPROUTS
FARMERS MARKET
Avocado Oil
500 ml



\$10.99 EA

SPROUTS
FARMERS MARKET
Organic Herb Stuffing
10 oz



\$4.29 EA

SPROUTS
FARMERS MARKET
Canned Pumpkin
15 oz



\$2.19 EA

SPROUTS
FARMERS MARKET
White Dinner Rolls
12 ct



\$3.99 EA

Martinelli's
Sparkling Cider
24.5 oz



2 FOR \$7 +TAX +CRV

Alden's
Organic Ice Cream
Select Varieties
48 oz



\$8.49 EA

SPROUTS
FARMERS MARKET
Baking Soda
16 oz

SPROUTS BAKING POWDER
\$2.39



99¢ EA

SPROUTS
FARMERS MARKET
Organic Spices
Select Varieties & Sizes



15% OFF REGULAR RETAIL

SPROUTS
FARMERS MARKET
Organic Powdered or Brown Sugar
24 oz



\$5.49 EA

SPROUTS
FARMERS MARKET
Organic Cane Sugar
4 lb



\$8.79 EA

SPROUTS
FARMERS MARKET
Evaporated or Condensed Milk
12-14 oz



\$3.69 EA

SPROUTS
FARMERS MARKET
Organic Coffee Creamer
Select Varieties
32 oz



\$5.99 EA

SPROUTS
FARMERS MARKET
Heavy Whipping Cream
32 oz



\$5.49 EA

SPROUTS
FARMERS MARKET
Organic Half & Half
32 oz



\$3.99 EA

SPROUTS
FARMERS MARKET
Flour
Select Varieties
5 Lb



\$3.79 EA

SPROUTS
FARMERS MARKET
Organic Canola Oil
24 oz



\$4.99 EA

Lily's
No Sugar Added Baking Chips
Select Varieties
9 oz



GLUTEN - FREE



\$6.89 EA

Dandie's
Vegan Marshmallows
Select Varieties
10 oz



GLUTEN - FREE



2 FOR \$7

SPROUTS
FARMERS MARKET
Large Cage Free White Eggs
1 Dozen



\$3.69 EA

SPROUTS
FARMERS MARKET
Fruit Platter

VEGGIE PLATTER \$8.99



Cut Fresh In Store! \$11.99 EA

SPROUTS
FARMERS MARKET
Canned Pineapple
Select Varieties
20 oz



\$2.79 EA

SPROUTS
FARMERS MARKET
Organic Salad Dressing
Select Varieties
20 oz



\$5.29 EA

SPROUTS
FARMERS MARKET
Organic Panko Bread Crumbs
Select Varieties
8 oz



\$4.29 EA

SPROUTS
FARMERS MARKET
Black Olives
Select Varieties
6 oz



NON - GMO



\$2.29 EA

SPROUTS
FARMERS MARKET
Organic Canned Vegetables
Select Varieties
14.5-15.25 oz



\$2.29 EA

Golden Farms
Gluten Free French Fried Onions
8 oz



GLUTEN - FREE



\$5.99 EA

UNBEATABLE SERVICE, QUALITY AND SAVINGS - EVERY TIME

Marinated Boneless Skinless Chicken Breast



\$2.49 /LB.

Marinated Chicken Wings



\$2.99 /LB.

Ground Chicken Breast or Chicken Sausages



\$3.49 /LB.

Boneless Pork Loin Chops or Roast
Family Pack



\$2.69 /LB.

Bone In Pork Butt Steak or Roast
Family Pack



\$2.69 /LB.

Ground Pork or Pork Sausages



\$3.49 /LB.

Harris Ranch Chuck Steak or Roast
Family Pack



\$7.49 /LB.

Harris Ranch Sirloin Tip Roast or Milanese Steak
Family Pack



\$7.99 /LB.

Harris Ranch Ground Sirloin
Family Pack



\$6.99 /LB.

RESPONSIBLY SOURCED SEAFOOD

Fresh Stuffed Salmon



\$6.99 /EA

Raw Peeled & Deveined Shrimp Tenders
Previously Frozen



\$9.99 /LB.

Ahi Tuna Steaks
Previously Frozen



\$8.49 /LB.

26-30 Ct Raw Shrimp
Previously Frozen
Farm Raised



\$7.49 /LB.

THE BEST HOLIDAY MEALS

according to every clean plate.

Supplies are limited, gobble 'em up by ordering early!



Serves 2

\$49.99

BONELESS TURKEY BREAST MEAL

No Antibiotics, Ever



Serves 6

\$89.99

NATURAL TURKEY MEAL

No Antibiotics, Ever



Serves 6

\$89.99

SPIRAL-SLICED UNCURED HAM MEAL

No Antibiotics, Ever



PLATTERS YOU'LL BE GRAZE-FUL FOR



Celebrate the easy way with artfully arranged party trays

ORDER AT THE DELI COUNTER TODAY

HAPPY THANKSGIVING

EFFECTIVE NOVEMBER 18 2025 - NOVEMBER 27 2025



VISIT US ONLINE AT [SPROUTSCV.COM](https://sproutscv.com)
Order Deli Sandwiches & Smoothies, View Our Weekly Ad & More!

CHULA VISTA
690 3RD AVE.
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EASTLAKE
878 EASTLAKE PKWY.
619-421-2099

DELIVERY & CURBSIDE PICKUP NOW AVAILABLE
POWERED BY instacart
ORDER AT [SPROUTSCV.COM](https://sproutscv.com)

MILITARY THURSDAYS
10% OFF
MILITARY DISCOUNT
TO ALL VETERANS, ACTIVE DUTY, MILITARY & FAMILY MEMBERS WITH ID. VALID IN STORE ONLY

WE ACCEPT

STORE HOURS
7:00 AM - 10:00 PM
MONDAY TO SUNDAY

AD items available at Sprouts Chula Vista and Eastlake locations only. While Supplies Last.